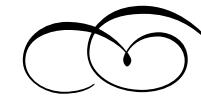


ב"ה



**Monday  
Parshas Pekudei  
Chof-Daled Adar  
5785**

**Name:**



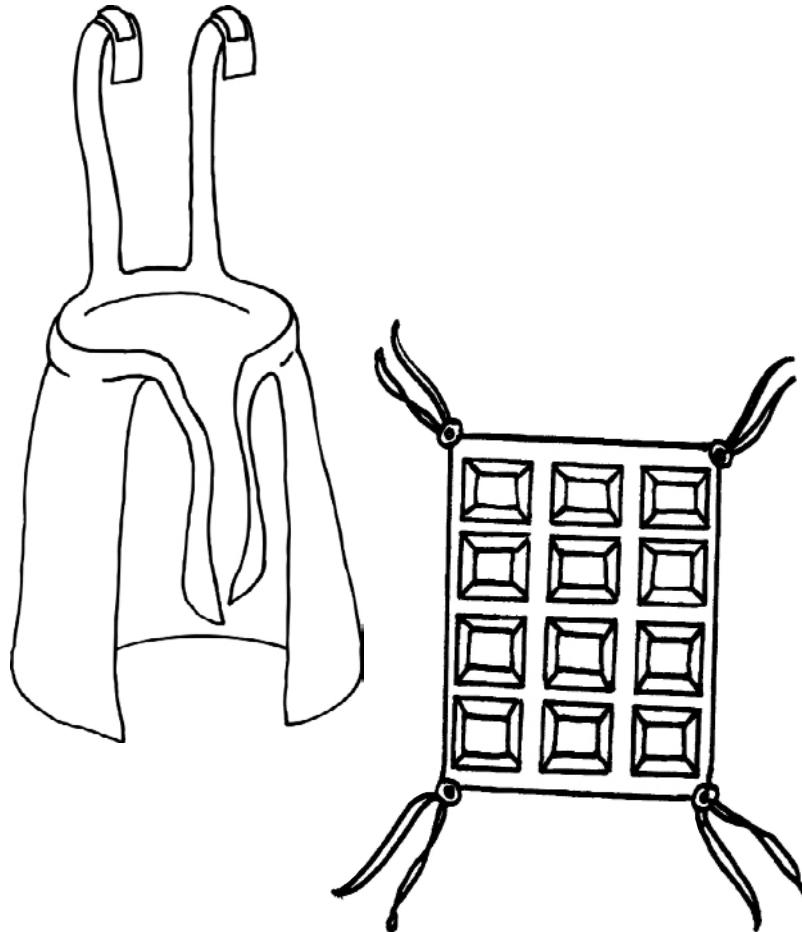
[www.KidsChitas.org](http://www.KidsChitas.org)

most pictures courtesy of Chinuch.org

לע"נ התיכון זאב ארוי ע"ה  
בן יבלט"א הרה"ח ר' שנייאור זלמן שי' גליק

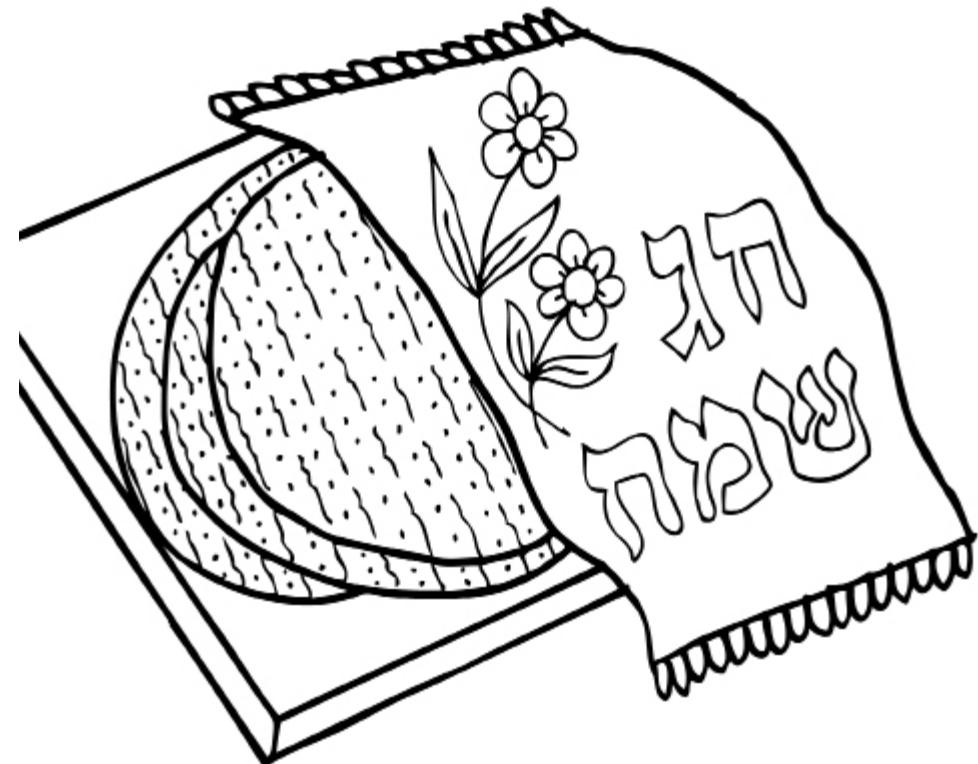
## Chumash: Parshas Pekudei - Sheini

"וְלَا יִזַּח הַחֶשֶׁן מִעַל הָאָפָד"



Betzalel and Oholiav made  
the Choshen and the Eifod.

## Iyyana D'Yoma: Mivtza Matzah



When we give out matzah,  
we get the brachos of gezunt and  
emunah for ourselves too!

# Rambam: Hilchos Tefillah

מצות עשה ה':

"וְעַבְדָתֶם אֵת ה' אֱלֹהֵיכֶם" (פרשת משפטים)

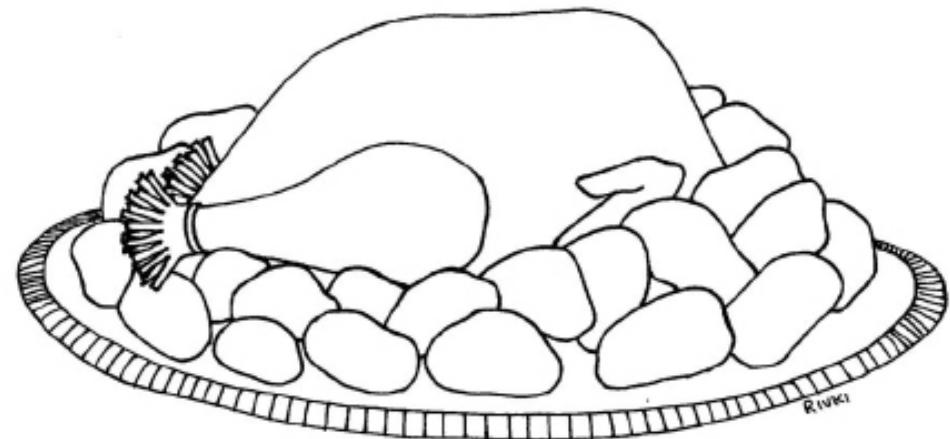


We serve Hashem  
by davening every day!

# Tehillim: 113 - 118

לְלוּ בְּפִזְרֵךְ

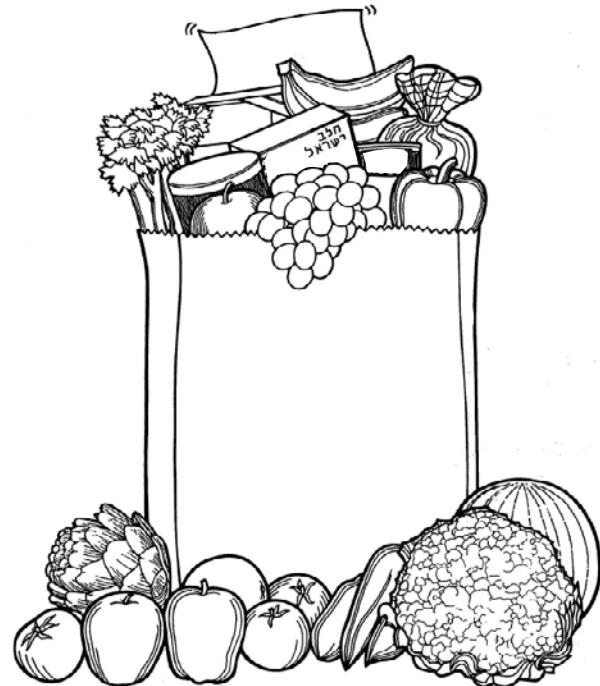
רְאֵנוּ אֶרְאָה בְּשִׁפְנָאָר



We get strength  
from the koach of Hashem  
that hides inside Gashmiyus!

## Tanya: Likutei Amarim Perek Lamed-Zayin

"וְעַל יְדֵי זֶה תָּעַלְתָּה גַּם כֵּן בְּלִלוֹת קְלִיפָּת נָגָה, שֶׁהִיא בְּלִלוֹת הַחַיָּה שֶׁל עַזְלָם הַזֶּה הַגְּשָׁמִי וְהַחֲזָמָרִי"



When we eat food,  
it gives us koach to do mitzvos,  
so the food ALSO becomes kedusha!

## Hayom Yom: Chof-Daled Adar

"דָּבָרִי חַסִידוֹת הַעֲרָתָה דִי נֶשֶׁמָה"



Even if we don't understand Chassidus,  
our neshama does!