

# Chitas for Sunday, Parshas Noach

## Rosh Chodesh Mar-Cheshvan

### Lamed Tishrei, 5784

**For the safety and security of the Yidden in Eretz Yisrael  
and the success of the soldiers fighting for its protection**

לעילוי נשמת ר' יוסף בנימין בן ר' מנשה קאלטמאן  
~ by Rabbi Aryeh & Esther Kaltmann ~

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## **CHUMASH :: Parshas Noach - Rishon with Rashi**

Hashem tells Noach to build a *Teiva*, which he does. Still, none of the people learn from what he is doing to do *teshuvah*.

This week's *parsha* starts with the words "*Eileh Toldos Noach*," "Noach's children are..."

But instead of telling us the names of Noach's children, first the Torah tells us that Noach is a *tzadik*! Because really, the good things we do are also like our children. The Torah tells us about these "children" — the *Maasim Tovim* — first!

Then the Torah tells us about his *Gashmius* children:

Noach had three sons: Sheim (he was the middle, but the most important one, like we'll see later), Cham (the youngest), and Yafes (the oldest).

*The Torah tells us how the world looked at that time.*

1,536 years after Hashem made the world, the whole world was full of *Resha'im*. They didn't get married in a holy way, they served *Avodah Zarah*, and, everyone was stealing from each other. Hashem decided to bring a *Mabul* on the world.

Hashem told Noach to build a huge *Teiva*. He should build it himself, so it will take a long time! Noach will be able to talk to a lot of people who ask him what he is doing, and maybe some of them will do *Teshuvah*.

The *Teiva* should be made of *Atzei Gofar*, a kind of wood — warning people that the *Mabul* will be with water that is *Gofris* — polluted with sulfur! It will also need to be waterproof on the inside AND the outside since the water will be so strong.

The *Teiva* should be 300 *Amos* long, 50 *Amos* wide, and 30 *Amos* tall! Hashem asked Noach to make a *Tzohar* for the *Teiva*. Rashi says that this is either a window or a stone that will bring light. The door should be on the side of the *Teiva*, so water won't rain in. The *Teiva* will have 3 floors — the top for Noach's family, the middle for the animals, and the bottom floor for garbage.

Hashem warned Noach what would happen with the *Mabul*: "I'm going to agree with the *Malachim* who said not to make people! I am going to make a *Mabul* to destroy everything. The water will mix everything up, and everything will be underwater for a whole year and get rotten!" Hashem promised Noach that he would be okay though: The food in the *Teiva* won't go bad, and nobody will kill Noach even when he says what he's doing! His whole family will be saved — but they shouldn't have any more children while they are on the *Teiva*.

Noach built the *Teivah* exactly the way Hashem told him to do.

## **TEHILLIM :: 145 - 150**

*A gutten Chodesh!* Today we are saying the last six *kapitelach* in the entire *Tehillim*!

These *kapitelach* are all part of *Davening*! They are the main part of *Pesukei DeZimra*, which the *Chachomim* set up to praise Hashem.

*(If you look in the beginning of the kapitel, though, you won't see the word Ashrei! The kapitel starts with the words Tehillah Ledovid, which is the THIRD posuk in our siddur. The pesukim that start with the word Ashrei are from other kapitelach — the first one is from Kapitel Pey-Daled, and the second one is at the end of yesterday's Tehillim, in Kapitel Kuf-Mem-Daled.)*

The most important *posuk* in *Ashrei* is "***Poseiach Es Yodecha Umasbia Lechol Chai Ratzon***" — we say that Hashem opens His Hand and gives everyone what they need. If you don't have *kavana* in this *posuk* during *davening*, you need to go back and say it again! So when you say this part of *Ashrei*, remember to think about how Hashem gives every living thing whatever it needs.

## **TANYA :: Igeres Hakodesh Siman Chof-Hey**

*We are now learning how the Alter Rebbe explains a vort from the Baal Shem Tov.*

*The vort is that if a person is in the middle of davening, and someone comes and starts to talk to him and mix him up, he should realize that Hashem is giving him a message. He should think about how the Shechinah is in Golus inside of*

*the words of the person who is bothering him, so that he will need to use MORE koach to have Kavana in davening!*

*It's like Hashem is dressing up in a costume — it looks like something is RUINING his Kavana, but really Hashem is just trying to make his chayus in davening stronger!*

*If someone is falling asleep and they really need to be awake, one way to wake them up is by taking a puppet and saying BOO! in their face. They'll get scared and wake up. Sometimes when we daven, we are daydreaming and not really thinking about what we are saying to Hashem. So we shouldn't get angry at whatever is bothering us, we should realize that Hashem is trying to get us to wake up and work harder to daven with Kavanah.*

In today's Tanya, the Alter Rebbe tells us that when a Yid says words of *kedusha*, like *davening*, then the *Shechinah* is in what he says!

*Later we will learn about how the Shechinah is in Golus in the person who is bothering our davening.*

## **HAYOM YOM :: Lamed Tishrei**

In today's *Hayom Yom*, we learn some things which are important for us to know when we say *Hallel* on *Rosh Chodesh*:

1) When we say *Hallel*, there are a few *pesukim* that end with the words “*Ki Le'olam Chasdo.*” After each one of the *pesukim*, we say the first *posuk* again — “*Hodu LaHashem Ki Tov, Ki Le'olam Chasdo!*” We do this whether we are *davening* with a *minyan* or we are *davening* ourselves.

2) After *Hallel* on *Rosh Chodesh*, we say a *posuk* “*VeAvraham Zakein,*” followed by a *tefillah* that starts with the word “*Zevadiah,*” three times.

## **SEFER HAMITZVOS :: Shiur #176 - Mitzvas Asei #49, #118**

Today we learn the same *mitzvah* as yesterday again: (*Mitzvas Asei #49*) This is a *mitzvah* with a lot of details — we need to do the WHOLE *Avodah* of *Yom Kippur*, exactly like it says in the Torah!

We also learn a new *mitzvah* (from the new section in Rambam, *Hilchos Me'ilah*):

(*Mitzvas Asei #118*) If someone ate from a *korban* or *Terumah*, he needs to return the amount that he ate, plus an extra fifth.

We learn this *mitzvah* from a *posuk* in *Parshas Vayikra*: וְאֵת אֲשֶׁר הִטָּא מִן הַקֹּדֶשׁ יִשְׁלֶם וְאֵת חֲמִישְׁתּוֹ יוֹסֵף עָלָיו  
The details of this *mitzvah* are explained in *Mesechta Me'ilah* and *Mesechta Terumos*.

## **RAMBAM :: Hilchos Avodas Yom HaKipurim - Me'ilah**

*In today's Rambam, we learn more about the special Avodah of Yom Kippur. Then we start a NEW section in Rambam, about Me'ilah — what to do if we use something that was set aside for Hashem, which is not allowed.*

**Perek Daled:** Now the Rambam tells us the *seder* of the day of *Yom Kippur*.

**Perek Hey:** We learn what happens if the *Avodah* was done in the wrong order, or if something wasn't done exactly like it says in the Torah.

**Perek Alef:** In the first *perek* of *Hilchos Me'ilah*, the Rambam explains what *me'ilah* is: using something that was set aside for Hashem, which we are not allowed to do. One of the things the Rambam talks about is using

the wool of an animal that is *hekdesh*, and when this is considered *Me'ilah*.

## **RAMBAM– PEREK ECHAD :: Hilchos Shekalim - Perek Beis**

On *Rosh Chodesh Adar*, they would start to remind people to give the *Machatzis Hashekel*. They had two of a special kind of *pushka* that they used for this — it was shaped like a *shofar*! This way you could put money in easily in the small part, but it wasn't easy to take the money out. Every man had to give a half *shekel*, even if he was very very poor.

The money from the *Machatzis Hashekel* was used for buying *Korbanos*.

## **INYANA D'YOMA :: Al Tira Avdi Yaakov**

On *Motzei Shabbos*, many Yidden have the *minhag* to say a paragraph with the words of the *posuk* “*Al Tira Avdi Yaakov*,” “My servant Yaakov, don't be afraid.” It is said to remind us that when we go into the week to do our work, we should not be afraid, because we know that Hashem is with us.

Even though it is not a *minhag* in Chabad, it is brought and explained in *Chassidus*.

In *Likutei Torah*, the Alter Rebbe teaches why a person might think to be afraid. On *Shabbos*, we get an extra *neschama*, the *Neschama Yeseira*, to help us feel the *kedusha* of the day. We get used to the way this feels and we feel strong and sure in our *shlichus*! But on *Motzei Shabbos*, the *Neschama Yeseira* leaves us. Now we need to go back out into the world, where Hashem is hidden, without the extra *neschama* to help us.

That is why many Yidden say *Al Tira Avdi Yaakov*. We remind ourselves that we are NOT afraid to go out into the world! We know that Hashem is always with us, in any place, at any time, and whatever we are doing. We know that Hashem gives us the *koach* to take the *Gashmius* of the world and make it into *kedusha*, so the *Gashmius* world can't scare us.

In a *maamar*, the Rebbe teaches that this is especially true on *Motzei Shabbos Bereishis*. After *Tishrei*, a month of *Yomim Tovim*, we are headed out into the world to do our *shlichus* there, *Veyaakov Halach Ledarko*.

We need to remind ourselves, “*Al Tira Avdi Yaakov!*” Don't be afraid! Hashem is coming with us and will help us have *hatzlacha*!

See *Likutei Sichos chelek Chof*, p. 264

## **LEARNING FROM THE REBBE :: Getting Ready for the Winter**

All Jewish kids are part of Hashem's army, *Tzivos Hashem*!

In every army, there are times that the soldiers are sent far away. They might have to march through thick forests, hot deserts, or rocky mountains. They have important missions to do, to keep everyone safe!

Each time, before the soldiers leave, they are given the supplies and equipment they will need for their next missions. Before they go out to a forest, they might get axes to help them chop down trees that are blocking them. Before they go to a desert, they might get extra water and special weapons. Before they go to the mountains, they will need to have ropes and boots that will let them climb safely.

We soldiers in *Tzivos Hashem* are about to be sent out on a special mission too — we need to go to the dark and cold months of the winter, and make sure they are full of the light of Torah and *mitzvos*!

Before we begin this important mission, we are given everything we need to have *hatzlacha* there! Hashem gives us the *Yomim Tovim* of *Tishrei* to give us *chayus* and *simcha* to do our mission well.

Sometimes the Rebbe would hold a special children's rally at the end of *Tishrei*, helping us to make sure we have all of our new supplies ready for our winter mission!

*See rally of Beis Cheshvan, Tof-Shin-Mem-Gimmel*

## **TEFILLAH :: Building Bitachon in Davening**

The *Sefer Chovos Halevavos* has many chapters, called "*She'arim*" (gates). In *Shaar Habitachon*, it explains what a person needs to know in order to truly trust Hashem.

The second condition to have total trust in Hashem is to know that Hashem is GOOD. Hashem's kindness is very strong, and Hashem is good to us even if we don't deserve it. All we need to do is be a *keili* to accept Hashem's *brachos*, and He will help us because of His *rachmanus* for us. We become a *keili* by trying to connect to Hashem and do what He wants. But the *bracha* that Hashem gives us is in a way of *chesed*, much more than we deserve!

There are many *pesukim* in *davening* that help us feel Hashem's goodness. For example, the *posuk* in *Ashrei* that starts with a *Tes*: "**Tov Hashem Lakol, Verachamav Al Kol Maasav.**" "Hashem is good to everyone, and His *rachmonus* (kindness even if we don't deserve it) is on all of His creations."

By thinking about this, our *bitachon* will be stronger!

## **HALACHOS HATZRICHOS :: Minhagim for Rosh Chodesh**

Today is *Rosh Chodesh*!

There is a very old *Minhag* to learn one *posuk* from our *Kapitel Tehillim* every *Rosh Chodesh*. We learn the *posuk* with Rashi (and other *Meforshim* too, if we want!) We learn the *pesukim* in order, and try to finish learning the whole *Kapitel* by the end of the year.

If there are exactly 12 *pesukim* in your *kapitel* (or 13 in a leap year), then it's easy to know how much to learn: If you learn one *posuk* each month, you will finish exactly at the end of the year! But if there are more than 12 *pesukim*, you should learn a few at a time to be able to finish, and if there are less than 12 *pesukim*, learn the same *posuk* again another month.

*(You can find Tehillim in English, with Rashi, online on Chabad.org!)*

## **GEULAH U'MOSHIACH :: The Mabul Before Moshiach**

The Torah tells us that in the 600th year of Noach's life, the gates of water from the sky and fountains of water from underground opened up and started to flood the world. This was the beginning of the *Mabul*.

The *Zohar* tells us that this *posuk* is also hinting to another 600th year — the 600th year of the 6th millennium. At this time, we will have another kind of flood — a flood of knowledge! In the year 5600, knowledge from above (meaning the secrets of Torah that are taught from *Shomayim*) and knowledge from underneath (meaning understanding more about the world) will start to pour out like a fountain. This knowledge will be a preparation for *Moshiach*!

We see that this happened — at around this time, new knowledge came into the world "from above": This is

the time when *Chassidus Chabad* started to spread out! We also got new knowledge “from below” — people started learning how to use machines to make things work easier and faster.

These things are part of the “flood of knowledge” that will get the world ready for *Moshiach*!

See *Likutei Sichos chelek Tes-Vov* p. 42ff.

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